

April 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2 9:15 Meditation 10:00 Core & Balance 11:00 Walking Club 1:00 Canasta 2:00 Foyle's War	3 10:00 Tai Chi Flow 11:00 Member's Meeting <i>Future of our Public Library</i> 1:00 Mah Jongg 1:00 Genealogy 1:00 Art Club	4 10:00 Laughtercise 10:30 Brunch at the Inn 1:00 Dominos 1:30 Piano Lessons 2:00 Ted Talks <i>The Surprising Science of Happiness</i>	5 10:00 Restorative Chair Yoga 11:15 Fiction Book Club 1:30 In-house Movie <i>The Garden of the Finzi-Continis</i>	6 10:00 Maintaining Your Strength 11:00 Welcoming Committee Meeting 11:00 Needle Nook 12:00 Computer 101 12:30 Bridge/Men's 1:00	7	
8	9 9:15 Meditation 10:00 Core & Balance 11:00 Walking Club 1:00 Canasta 2:00 Foyle's War	10 9:15 Newsletter 10:00 Tai Chi Flow 1:00 Mah Jongg 1:00 Genealogy 1:00 Art Club	11 9:15 Anatomy 10:00 Laughtercise 11:00 Walking Club 1:00 Dominos 1:00 Great Decisions 1:30 Piano Lessons	12 10:00 Restorative Chair Yoga 1:30 In-house Movie <i>Divorce Italian Style</i> Sign-up for May MME classes begins	13 10:00 Maintaining Your Strength 11:00 Needle Nook 12:00 Computer 101 12:30 Bridge/Men's 1:00 5:30 – 9:00 Italian Festival	14	
15	16 Center Closed	17 10:00 Tai Chi Flow 11:00 Souper Tuesday 1:00 Mah Jongg 1:00 Genealogy 2:00 Foyle's War	18 10:00 Laughtercise 11:00 Walking Club 1:00 Dominos 1:30 Is THIS Art? Part I <i>Glassmakers</i> 1:30 Piano Lessons	19 10:00 Restorative Chair Yoga 2:00 High Tea	20 10:00 Maintaining Your Strength 11:00 Needle Nook 12:00 Computer 101 12:30 Bridge/Men's 1:00 1:00 Food Market Friday <i>Trader Joes</i>	21	
22	23 9:15 Meditation 10:00 Core & Balance 11:00 Walking Club 1:00 Canasta 2:00 Foyle's War	24 TBA: Movie and Ethnic Food Lunch Outing 10:00 Tai Chi Flow 1:00 Genealogy 1:00 Mah Jongg 1:00 Art Club	25 9:15 Anatomy 10:00 Laughtercise 11:15 Non-Fiction Book Club 1:00 Dominos 1:00 Is THIS Art? Part II <i>Taft Museum of Art</i> 1:30 Piano Lessons	26 10:00 Restorative Chair Yoga 11:45-3:15 Pizza & Painting Pottery Party <i>Queen City Clay</i>	27 10:00 Maintaining Your Strength 11:00 Needle Nook 12:00 Computer 101 12:30 Bridge/Men's 1:00	28	
29	30 9:15 Meditation 10:00 Core & Balance 11:00 Walking Club 1:00 Canasta 2:00 Foyle's War	<p><i>The present moment is the only moment available to us and it is the door to all other moments.</i></p> <p>Thich Nhat Hanh</p>					